

Weekly Class Schedule

Class Type	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Kickboxing	5:30 AM	5:30 AM	5:30 AM		5:30 AM	9:30 AM	9:00 AM
Kickboxing	12:00 PM	12:00 PM	12:00 PM		12:00 PM	11:00 AM	10:30 AM
Kickboxing	4:00 PM						
Kickboxing	5:15 PM	5:15 PM		5:15 PM	5:15 PM		
Kickboxing	6:45 PM	6:30 PM	6:45 PM	6:30 PM			
Class Type	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Boot Camp			4:00 PM	5:30 AM		8:00 AM	
Boot Camp			5:15 PM	12:00 PM			